

# CARROW CUP ROWING FESTIVAL 2018

One of the Oldest Events in the Country, also with Traditional Boats. The historic Carrow Cup is awarded to the fastest coxed four in any category.

**Saturday 8<sup>th</sup> December 2018**

This event is for small boats and is not run under British Rowing rules

***Award for Most Festive Crew and Boat – optional theme this year  
'Christmas TV & films'***

**Division 1 (Short) 9.30am - Carrow Bridge to Broadland BC**

*Men's, Women's & Junior's, novice or less experienced cox's; all boat types for less experienced crews*

**Division 1 (Long) 9.45am - Pulls Ferry to Broadland BC**

*Women's Coxed Fours; Women's Quads any age group, both coxless and coxed, any status;*

*Men's / Mixed Double Sculls any status*

**Division 2 (Long) 11.30am for traditional craft, under handicap times - Pulls Ferry to Broadland BC**

*Traditional boats (only boats with fixed seats and no outriggers are eligible for prizes)*

**Division 3 (Long) 1.30pm - Pulls Ferry to Broadland BC**

*Men's / Mixed Coxed Fours any status; Men's / Mixed Quads any age group, both coxless and coxed, any status; Women's Doubles any status*

**Entries close at midnight Sunday 2<sup>nd</sup> December**

Entries on the forms provided to Katherine Trehane [carrowcup@yahoo.com](mailto:carrowcup@yahoo.com)  
85 Hall Rd, Norwich, NR1 2PP

**Payment in advance please - by 6pm Weds 5<sup>th</sup> December**

£8 per seat. Late payments will incur a fee of £10 per boat.

Cheques payable to Norwich Rowing Club

Online payment – details will be provided by e-mail

***ELF AND SAFETY: Please ensure your fancy dress is safe to row in (could you swim if you capsized?) and boat adornments are securely fastened. NRC scrooges will ask you to remove any unsafe items. No fleecy onesies (they won't win you a prize anyway).***